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**INVITATION**

On behalf of the International Network of Sport and Health Science, we would like to warmly invite you to attend the open event:

**“*International Sport GENNEX Conference and Workshop”***

*Qualitative and Quantitative Research in Sport Sciences*

**Date:  5-6 May 2025**

**Location: Metz, France (live event)**

**Target groups for the event:** PhD students, supervisors, researchers

**What is GENNEX?**

GENNEX is an online international hub for doctoral schools, programs students, and researchers in sports, exercise and health sciences, and physical education.

Some inspirational thoughts about the event which will be a celebration of international collaboration and friendship through highly acknowledged voluntary academics. We strongly believe that applied science should meet practice. We are also convinced that most human activities, including sports, are becoming increasingly technological. Engineering in general and Information Technology, in particular, are important in supporting many activities directly or indirectly related to sports, exercise and health sciences, including improvement of physical activities, sports medicine, biotechnology and nutrition, sports management, and many other suitable areas in sports. This conference and workshop intends to be a meeting point for PhD students and academics, sports professionals, and practitioners to exchange ideas and develop synergies.

The conference and workshops will create opportunities for participants to present and share experiences, explore new directions and debate topics concerning sport, exercise and health activities, curriculum and/or courses, and the technological advances that impact on those activities.

**Participation fees:**

**350 EUR**, but a reduced price of **280 EUR** /staff - from GENNEX  partner universities

**200 EUR**, but a reduced price of **150 EUR**  for students - from GENNEX partner universities

**120 EUR** for students who presented on any of the GENNEX Week of e-Workshops

(Registration and Payment details will be announced later in the 2nd Announcement of the event in November/December)

**The  fee includes:**

* Conference and Workshop participation
* Book of Abstracts (e-book)
* Cocktail Reception
* Coffee breaks
* Guided tour of Metz and social program
* e-Certification of Participation

**Publication offer:** We are currently negotioating with editors of journals to identify what jounal would be suitable for your full papers to be published. Details will be sent in the 2nd Announcement in December.

**Conference/workshop themes**: There are no limitations on themes as long as they are related to the broad scope of sport, exercise, and health sciences. We would encourage papers that are from single disciplines e.g. physiology, biomechanics etc., or have a multi-disciplinary focus. Additionally papers that have employed qualitative, quantitative, or mixed-methods approaches are invited.

**Conference:** presentations (10’ PPT)

**Workshops:** interactive thematic discussions (moderated chat based on the live and e-poster presentations) and networking

**E- posters:** will be introduced during the workshops

**Special awards:** Best presenter (1 PhD student) and best research project (1 PhD student) will get back his/her participation fee. (It will be decided by the academic staff attending on the event)

**Deadlines:**

**Abstract submission** (sent to: whyte.inshs@gmail) and registration per email (sent to dancs.inshs@gmail.com): 15th March 2025

**Payment:** 1st April 2025 ( Registration will be valid only after payment)

**Contact for General information:** [dancs.inshs@gmail.com](mailto:dancs.inshs@gmail.com)

**Website**: https://www.inshs.net/

**ABSTRACT GUIDELINES**

An abstract is a summary of a paper and should include aim, background details, purpose and rationale for the study/paper, hypothesis or research question, methodology, results, and conclusion. The format for INSHS GENNEX Conference 2025 is noted below. All abstracts should comply with the guidelines. If your abstract does not comply it will be rejected and returned until editing is completed satisfactorily.

**General formatting:** 1 cm. indent from both sides of the normal text (i.e. 4 cm. margin in total), title in bold, affiliations in italics, all other type in normal text, Times New Roman font, 12pt, single line spaced.

**NOTE:** Title, author(s), affiliations, and contact details to be left hand side alignment

**TITLE (Bold, UPPER CASE, Times New Roman, 12 pt)**

One line spacing

Author1, Author2, Author3 (APA style, Normal Type, Times New Roman, 12 pt)

One line spacing

*1Department, Faculty/School, University, City, Country* (*Italics, Times New Roman, 12 pt*)

*2Department of second organisation (if there is one – if all authors are from the same institution, then the superscript numbers are not needed,), Faculty/School, University, City, Country* (*Italics, Times New Roman, 12 pt*)

One line spacing

Email address for contact: (Normal Type, Times New Roman, 12 pt)

One line spacing

**NOTE**: The remainder of the text will be ‘justified’ alignment as beow

**ABSTRACT (ABSTRACT in Bold, UPPER CASE, Times New Roman, 12 pt)**

The main part of the abstract should be written (Normal Type, Times New Roman, 12 pt) as ONE paragraph with NO paragraph spacings. The only heading should be **ABSTRACT** at the head of the article but NO (NIL) further headings or sub-headings. The abstract should have an introduction that includes some background, the aim of the research, rationale for the work, hypothesis/research question. Methods employed should be detailed to include sampling, recruitment, location, data collection (materials and methods of collection), and data analysis (analytical tools and methods used). Next should be the results with key findings, followed by some words discussing the work. Finally, some conclusions should be presented, interpreting and describing the significance of findings, explaining any new understanding or insights, and stating how the study advanced the reader's understanding of the research problem.

One line spacing

**Keywords**: Four or key words that define your research but not repeating words or terms used in the title.

**PLEASE NOTE:** If your presentation is related to work that is yet to be undertaken (a proposal) then similar details should be included except for the results and conclusions.

**Venue of INSHS GENNEX Conference and Workshops**

**Lycée Fabert**

**12 Rue Saint-Vincent, 57000 Metz, FRANCE**

Lycée Fabert is a senior high school in Metz, Moselle department, Lorraine, France. The school, located in the city centre, was the first lycée in Metz.

A building with a tower on the side of it

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**Alexis de Tocqueville**

Alexis Charles Henri Clérel, Comte de Tocqueville (29 July 1805 – 16 April 1859), was a French aristocrat, diplomat, sociologist, political scientist, political philosopher, and historian. He is best known for his works *Democracy in America* (appearing in two volumes, 1835 and 1840) and *The Old Regime and the Revolution* (1856). In both, he analysed the living standards and social conditions of individuals as well as their relationships to the market and state in Western societies. *Democracy in America* was published after Tocqueville's travels in the United States and is today considered an early work of sociology and political science.

**Robert Schuman**

Jean-Baptiste Nicolas Robert Schuman (29 June 1886 – 4 September 1963) was a Luxembourg-born French statesman. Schuman was a Christian democratic (Popular Republican Movement) political thinker and activist. Twice Prime Minister of France, a reformist Minister of Finance and a Foreign Minister, he was instrumental in building postwar European and trans-Atlantic institutions and was one of the founders of the European Communities, the Council of Europe and NATO. The 1964–1965 academic year at the College of Europe was named in his honour. In 2021, Schuman was declared venerable by Pope Francis in recognition of his work that followed deeply held Christian principles.

**METZ**

Metz is a quaint city in northeastern France. Its deep green trees help line the streets alongside the Moselle and Seville River. The Old Town is filled with history, from the cathedral to the nearby museum. There is so much to explore in this scenic city.

A képen kültéri, ég, éjszaka, homlokzat látható

Automatikusan generált leírás

Metz is a large and strongly fortified town, beautifully situated on a plain at the confluence of the [Moselle](http://en.wikipedia.org/wiki/Moselle) and Seille. The town businesses manufacture woollen goods, linen, china, paper, oil, starch and the town is famous for its hams, liquors, sweetmeats and artificial flowers. It also has a king's manufacture of gun powder. The government house and the promenades around it are very fine while the town also contains an immense barracks for troops, a large cathedral, and a theatre. There are a great many bridges that traverse streams formed by the river, and the streets, like those in many French towns, are quaintly narrow, constructed of uneven cobbled stones, with houses reaching high above them.

Legends have been borne in the heart of the narrow streets and come to life on those very stones. The Graoully, legendary dragon, dominates the fantasy world of Metz although the historical backgrounds to the worlds of Saint Nicolas and Pierre Perret are equally as fascinating.

Metz is also known for the excellent fine cuisine restaurants. And of course, do not forget to bring your swimming costumes and sun block protection.

A képen kültéri, ég, Palota, ingatlan látható

Automatikusan generált leírás         Une image contenant plein air, ciel, immeuble gouvernemental, fenêtre

Description générée automatiquement

A képen kültéri, ég, felhő, épület látható

Automatikusan generált leírás         Une image contenant bâtiment, plein air, meubles, table

Description générée automatiquement

Une image contenant plein air, bâtiment, ciel, eau

Description générée automatiquement            Une image contenant plein air, bâtiment, scène, ciel

Description générée automatiquement

The weather in Metz is quite pleasant at the time of the conference, with temperatures typically ranging from 20° to 33° C. In May you may expect sunny days and pleasantly warm nights. 

**About the INTERNATIONAL NETWORK OF SPORT AND HEALTH SCIENCE (INSHS)**

To consider what INSHS is and what it does, it is important to look at the concept of networking as INSHS views it. From INSHS’s perspective, networking involves thematic collaboration/cooperation between partners. It means saving money and time and also having efficient communication. In the case of INSHS, further advantages of networking for our partner institutions are no obligations, no bureaucratic administration, no participation fee, free choice of involvement in international projects or not, and promotion of international cooperative activities and events in the most efficient way.

The International Network of Sport and Health Science is a perfect example for a good functioning higher education thematic network. It was established in 2005 by the Institute of Sport Science of the University of West-Hungary (former Berzsenyi College),Szombathely, Hungary.

INSHS is an open, innovative network in the field of sports and health sciences for colleagues, academic staff, researchers, and other experts from universities, organizations, and networks. It is not an association as such, but a professional community of academics who help each other in their international activities and collaborations.

To date, we have had partners from 41 institutions from 28 countries and the number of participant institutions is growing from year to year. The members are HEI’s who are involved in sport and health sciences.

The success of INSHS has been marked by organizing many top-level events, collaborative scientific projects, international study programs, and student and staff activities over the last eight years. Representatives from different university faculties /schools and institutions have become not only colleagues but also friends.

The challenge of our network is to get more acknowledgment and popularity worldwide and to improve the effectiveness of cooperation between partners and colleagues from different universities, networks, and associations.  .

INSHS starts a new era in 2025 with the furtherance of our GENNEX Programme with this conference being part of the advancement.

[**www.inshs.net**](http://www.inshs.net)

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